

MELISSA FARMER

Fountain, CO 80871

Missy_kimberlee@hotmail.com

Empathetic, resilient, and dynamic therapist practicing evidenced-based therapy. Organized, responsible, and proficient in records maintenance with experience developing strong rapport with, and advocating for, clients from diverse backgrounds. Effective in team settings with coworkers, supervisors, and administrators. Strong interpersonal and exploratory skills, and has an enthusiastic desire to expand competency areas through training and continued education.

EXPERIENCE

APRIL 2022-PRESENT

THERAPIST, SONDERMIND

- Provides ongoing therapy for a small caseload of clients. Utilizes skills such as: treatment planning, intake assessment, and keeping notes.
- Specialties include: crisis situations, mood and anxiety disorders, combat and deployment trauma, body image and self-esteem issues, relationship distress, phase of life struggles, domestic abuse, infidelity, sexual assault and abuse, and more.

JANUARY 2021 – PRESENT

THERAPIST, FAMILY CARE CENTER

- Implements counseling/therapy for assigned patients in individual settings. Interviews and assesses patients and/or patient's family, caregivers, and/or legal representatives.
- Determines, provides and/or arranges for needed internal and external services/interventions.
- Assists with discharge planning and processes, including identification of community-based resources, and provides referrals as part of the discharge plan.
- Utilizes appropriate teaching methods and/or referrals to ensure patient/family educational needs are met. Participates and/or trains new staff, students and interns as assigned.
- Incorporates critical thinking skills, decisive judgement, and the ability to work with minimal supervision.

MARCH 2020 – DECEMBER 2021

THERAPIST, BRIGHT FUTURES PSYCHIATRY

- Provides ongoing therapy for a full caseload of patients. Utilizes skills such as: treatment planning, intake assessment, and keeping notes.
- Specialties include: crisis situations, mood and anxiety disorders, combat and deployment trauma, body image and self-esteem issues, relationship distress, phase of life struggles, domestic abuse, infidelity, sexual assault and abuse, and more.

FEBRUARY 2018 – FEBRUARY 2021

THERAPIST, CEDAR SPRINGS

- Provides short-term therapy in individual, couples, and family settings to a wide range of patients including active duty and veteran military service members from various branches, military dependents, and civilians.
- Utilize EMDR, CPT, and other evidence-based trauma interventions.
- Facilitate gender specific and mixed gender trauma groups.
- Maintain client records including case notes, treatment plans, diagnostic reports, and referrals.

OCTOBER, 2015 – FEBRUARY, 2018

MENTAL HEALTH SPECIALIST, CEDAR SPRINGS

- Attentive and alertness to patient safety.
- Facilitates education groups.

- Orchestrate and leadership in maintaining the unit schedule and activities.
- Documentation and notes.

EDUCATION

JANUARY 2018

MASTER OF SCIENCE, PROFESSIONAL COUNSELING, GRAND CANYON UNIVERSITY

AUGUST 2004

BACHELOR OF SCIENCE, APPLIED PSYCHOLOGY, OREGON INSTITUTE OF TECHNOLOGY

REFERENCES

AMANDA JEPSON, TRAUMA THERAPIST UCCS, SUPERVISOR

- 651-468-6968

SHANNON STIPE, LPC/SUPERVISOR

- 719-232-5351

DEBORAH BERNARDO, LPC

- 719-205-2673